



European Society for Child
and Adolescent Psychiatry

**European Parliament resolution
of 12 December 2023
on mental health
*P9_TA(2023)0457***

Key issues relating to children and adolescents

- Recognize negative influences of adverse childhood experiences on onset of mental health conditions
- Tackle stigma and discrimination and raise awareness
- Significance of early detection and intervention, as well accessibility and affordability of children' and young people's mental health services
- Strengthening child protection services and early prevention
- Urgent need for scientific research on safe use of digital technology by children and adolescents

- Prevent, tackle and avoid any online hate and harassment
- Include mental health in school education
- Provide training for educators as well as psychoeducation for families and youth workers
- Realize principles of equitable, affordable and readily accessible care
- Recognise potential effect of digital mental health services in increasing accessibility for youth

- Offer continuity of care in transition from child and adolescent mental health services to adult services
- Offer integrated and multi-sectoral mental health services
- Address mental health workforce shortages
- Involve people with lived experience
- Implement structural policies supporting people with mental health conditions in their daily lives